

GECAC Erie West Senior Center
1210 West 8th Street, 16502 * 814-451-5634

Lisa Reynolds, Center Director
Michele Myer-Knauer, Center Assistant

DECEMBER 2025 Newsletter

GECAC SENIOR HELPLINE: If you are in need of In-home Services, Meals on Wheels, Older Adult Protective Services, Support for Caregivers, or PA-MEDI, CALL (814) 459-4581 ext. 400.

Event Highlights and Reminders

- On **Thursday, December 4th**, we will recognize all of our RSVP volunteers who donate so very much of their time and talents here at the Center!!!
- The Center will be **CLOSED** on **Tuesday, Dec. 9th** for our off-site Christmas party!
- We will have a Nutrition Speaker on **Tuesday, Dec. 16th at 10:30**
- Our monthly birthday party and center meeting will be on **Thursday, December 18th!** A special treat will be provided! Come and celebrate all of our December birthdays!!!
- **NAMI** (National Alliance on Mental Illness) will lead a **craft class** in our craft room on **Thursday, Dec. 18th at 10:00 a.m. Craft—TBA**
- **CENTER CLOSING:** Our Center will be **CLOSED on Wednesday, Dec. 24th through Friday, Jan. 2nd** due to the Christmas/New Year's holiday. We will reopen on **Tuesday, January 6th at 9:00 a.m.**

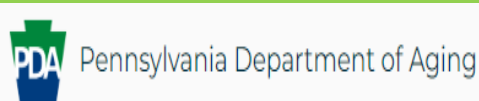
How your contributions & fundraised dollars help our Centers?

Meal Contributions help to off-set the cost of meals. On average the actual cost of a meal is over \$9.00. They help to maintain the building, and maintain or replace needed equipment. Fundraising dollars and donations help to pay for parties, entertainment, snacks, and more. They also help to pay programming opportunities like exercise, craft classes, and computer usage. These dollars are vital to maintain our daily operations. While contributions and donations are voluntary; please continue to support our center by whatever means you can. Our Centers and their services mean so much to so many, and your support goes a long way towards helping us offer programming and services.



*Michele and I feel so very
Grateful to get to spend
some time with each of
you everyday!!! You
brightened our lives
immensely!!!*

*May you all have an
Enjoyable and Blessed
Holiday
Season!!!*



Dr. Ben Wilson, GECAC CEO
Raymond Maholtz, Director GECAC Erie Area
Agency on Aging



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1210 W. 8th St., Erie Phone: (814) 451-5634

Mon	Tue	Wed	Thu	Fri
<u>CENTER CLOSED</u> <u>MUST PURCHASE BINGO CARDS BY 11:00 AM ON TUES & THURS</u>	2 LUNCH: 11:30 A.M. BINGO: 12:15 P.M. BILLIARDS COMPUTER PUZZLES 	3 ARTHRITIS EXERCISE 10:30 AM CARDS: PINOCHLE & 500 LUNCH: 11:30 A.M. BILLIARDS COMPUTER PUZZLES	4 VOLUNTEER RECOGNITION-10:30 LUNCH: 11:30 A.M. BINGO: 12:15 P.M. BILLIARDS COMPUTER PUZZLES	5 CARDS: PINOCHLE & 500 LUNCH: 11:30 A.M. BILLIARDS COMPUTER PUZZLES
8 <u>CENTER CLOSED</u>	9 <u>CENTER CLOSED OFF-SITE PARTY! MUST HAVE A TICKET!!!</u> 	10 ARTHRITIS EXERCISE 10:30 AM CARDS: PINOCHLE & 500 LUNCH: 11:30 A.M. BILLIARDS COMPUTER PUZZLES	11 LUNCH: 11:30 A.M. BINGO: 12:15 P.M. BILLIARDS COMPUTER PUZZLES	12 CARDS: PINOCHLE & 500 LUNCH: 11:30 A.M. BILLIARDS COMPUTER PUZZLES 
15 <u>CENTER CLOSED</u>	16 TAI CHI: 9:30 AM NUTRITION TALK HEALTHY HOLIDAY!! EATING-10:30  LUNCH: 11:30 AM BINGO: 12:15 AM COMPUTER	17 ARTHRITIS EXERCISE 10:30 AM CARDS: PINOCHLE & 500 LUNCH: 11:30 A.M. BILLIARDS COMPUTER PUZZLES	18 NAMI CRAFT-10:00 BIRTHDAY PARTY! CENTER MEETING-11 LUNCH: 11:30 A.M. BINGO: 12:15 P.M. BILLIARDS COMPUTER PUZZLES 	19 CARDS: PINOCHLE & 500 LUNCH: 11:30 A.M. BILLIARDS COMPUTER PUZZLES 
22 <u>CENTER CLOSED</u>	23 TAI CHI: 9:30 AM! LUNCH: 11:30 AM BINGO: 12:15 AM COMPUTER 	24 <u>CENTER CLOSED MERRY CHRISTMAS EVE!</u> 	25 <u>CENTER CLOSED MERRY CHRISTMAS BLESSINGS!!!</u>	26 <u>CENTER CLOSED ENJOY THE HOLIDAYS!!!</u>
29 <u>CENTER CLOSED</u>	30 <u>CENTER CLOSED HAVE FUN WITH FAMILY AND FRIENDS!!!</u>	31 <u>CENTER CLOSED WELCOME IN 2026!!!</u> 	JANUARY 1 <u>CENTER CLOSED HAPPY NEW YEAR'S DAY!!!</u> 	JANUARY 2 <u>CENTER CLOSED HEALTH AND HAPPINESS IN THE NEW YEAR!!!</u>



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Mon

Tue

Wed

Thu

Fri

<i>Lunch served at <u>11:30 am</u> Suggested meal donation <u>\$2.00</u> *Reservations required*</i>	2 OVEN FRIED CHICKEN MAC & CHEESE BRUSSEL SPROUTS WHEAT BREAD PEAR CUP	3 COUNTRY FRIED STEAK MASHED POTATOES WITH GRAVY BROCCOLI APPLESAUCE CUP	4 CHICKEN AND NOODLES CASSEROLE MIXED VEGGIES DINNER ROLL JELLO CUP	5 STUFFED PEPPER TOSSED SALAD BROWN RICE RYE BREAD ICE CREAM
8 <u>CENTER CLOSED</u> <i>Reservations for meals are sent to the GECAC kitchen 2 weeks in advance.</i>	9 <u>CENTER CLOSED</u> OFF-SITE PARTY MUST HAVE A TICKET! 	10 SWEDISH MEATBALLS NOODLES PEAS ICE CREAM	11 HAM BROCCOLI DICED POTATOES RYE BREAD PUDDING CUP	12 MEATBALL SUB SPINACH SALAD DESSERT 
15 <u>CENTER CLOSED</u>	16 BEEF STEW SWEET POTATOES YELLOW BEANS CORN MUFFIN MANDARIN ORANGES	17 SALISBURY STEAK PEAS DICED POTATOES DINNER ROLL PUDDING CUP	18 CHICKEN CORDON BLEU BROCCOLI WHEAT BREAD	19 BEEF RAVIOLI TOSSED SALAD ITALIAN BREAD APPLESAUCE CUP
22 <u>CENTER CLOSED</u>	23 SAUSAGE SUB PEPPERS/ONIONS BAKED BEANS FRUIT CUP	24 <u>CENTER CLOSED</u> <u>HAPPY</u> <u>CHRISTMAS EVE!</u> 	25 <u>CENTER CLOSED</u> <u>MERRY AND</u> <u>BLESSED</u> <u>CHRISTMAS!</u>	26 <u>CENTER CLOSED</u> <u>ENJOY YOUR</u> <u>TIME WITH</u> <u>FAMILY AND</u> <u>FRIENDS!</u>
29 <u>CENTER CLOSED</u>	30 <u>CENTER CLOSED</u> <u>HAPPY HOLIDAYS!</u>	31 <u>CENTER CLOSED</u> <u>HERE COMES</u> <u>2026!!!</u> 	JANUARY 1 <u>CENTER CLOSED</u>	JANUARY 2 <u>CENTER CLOSED</u> 